

Be My Own Man



Type / Level: Count: 64, Wall: 2 / Intermediate - Advanced
 Choreographer: Ryan Hunt (UK) & Jo Thompson Szymanski (USA) - June 2025
 Music: Be My Own Man - Phillip-Michael Scales
 Intro: 16 Counts (after 11 seconds)

1-8	Walk, Walk, Mambo Forward, Step Back / Sweep, Behind Side Cross	
1, 2	Walk forward R (1), Walk forward L (2)	
3&4	Rock R forward (3), Recover on L (&), Step R back (4)	
5, 6	Step L back as you sweep R back over 2 counts (5-6)	
7&8	Cross R behind L (7), Step L to L (&), Cross R over L (8)	
9-16	Ball Step, Tap, Back, Kick, Out Out, In Cross, Side w Drag, Ball Cross, ¼ L Forward	
&1&	Step L to L (&), Make 1/8 L stepping R forward (1), Tap L toes behind R heel (&)	10:30
2&	Step L back (2), Kick R forward (&)	
3&4&	Make 1/8 R stepping R to R (3), Step L to L (&), Close R next to L (4), Cross L over R (&)	12:00
5, 6	Take a big step to R as you drag L up over 2 counts (5-6)	
Tag and Restart here on Wall 2		
&7, 8	Quickly close L next to R (&), Cross R over L (7), Make ¼ L stepping L forward (8) [9:00]	9:00
17-24	½ L Sweep, Pony Step, Sit Back, Recover Flick, Walk, Walk	
1, 2	Make ½ L stepping back on R as you sweep L back over 2 counts (1-2)	3:00
3&4	Step L back as you hitch R knee (3), Recover on R (&), Step L back as you hitch R knee (4)	
5, 6	Rock back R as you sit over R hip (5), Recover on L as you flick R back (6)	
7, 8	Walk forward R (7), Walk forward L (8)	
25-32	Modified Syncopated K-Step ¼ R, Press, Recover w/ Hitch, Step Back, Coaster Step	
&1&2	Step R diag. forward (&), Touch L next to R (1), Step L diag. back (&), Touch R next to L (2)	
&3&4	Make ¼ R stepping R to R (&), Touch L next to R (3), Step L diag. forward (&), Touch R next to L (4)	6:00
&5, 6	Press forward on R (&), Recover on L as you hitch R knee (5), Step R back (6)	
7&8	Step L back (7), Close R next to L (&), Step L forward (8)	
33-40	¼ R Cross, Side, Sailor Diagonal Point, Ball Cross, Side, Sailor Diagonal Point	
1, 2	Make ¼ R crossing R over L (1), Step L to L (2)	9:00
3&4&	Cross R behind L (3), Step L to L (&), Point R toes to R diagonal (4), Quickly close R next to L (&)	
5, 6	Cross L over R (5), Step R to R (6)	
7&8&	Cross L behind R (7), Step R to R (&), Point L toes to L diagonal (8), Quickly close L next to R (&)	
41-48	Cross, ¼ R, ¼ R, Cross Shuffle, Smooth Hip Roll w/ ¼ L, Quick Hip Rolls ¼ L	
1, 2&	Cross R over L (1), Make ¼ R stepping L back (2) [12:00], Make ¼ R stepping R to R (&)	3:00
3&4	Cross L over R (3), Step R to R (&), Cross L over R (4)	
5, 6	Step R forward as you circle hips counter-clockwise making ¼ L (5), Recover on L (6)	12:00
7&	Step R forward as you circle hips counter-clockwise making ¼ L (7), Recover on L (&)	9:00
8&	Step R forward as you circle hips counter-clockwise making ¼ L (8), Recover on L (&)	6:00
49-56	Double Shoulder Pop, & Rock Forward w/ Shoulder Roll, Heel Fans Back, Coaster Step	
1, 2	Press R firmly forward as you pop R shoulder forward/up (1), pop R shoulder forward/up (2)	
Note:	<i>the Double Shoulder Pop can be replaced with a regular Rock Forward, Recover</i>	
&3, 4	Quickly close R next to L (&), Rock L forward as you roll L shoulder from front to back (3), Recover on R (4)	
5, 6	Step L back as you fan R toes to R (5), Step R back as you fan L toes to L (6)	
7&8	Step L back (7), Close R next to L (&), Step L forward (8)	
57-64	Boogie Walk Forward, Mambo ½ Turn L, Ball ¼ R Cross, ¼ R Forward, Chase ½ Turn R	
1&2	As you bend knees slightly, run forward R (1), L (&), R (2)	
3&4	Rock L forward (3), Recover on R (&), Make ½ L stepping L forward (4)	12:00
&5, 6	Make ¼ L stepping R to R (&) [9:00], Cross L over R (5), Make ¼ R stepping R forward (6)	12:00
7&8	Step L forward (7), Pivot ½ R (&), Step L forward [8]	6:00

Tag/Restart – On Wall 2, dance 14 counts, then add the following 2 count tag, restarting the dance on 12:00

&7, 8 Quickly close L next to R (&), Step R forward (7), Pivot ½ L (8) 12:00